

DCP&P Telephonic Review

Out of Home Treatment Request through PerformCare

The “Telephonic Review” is a discussion regarding the current Behavioral Health treatment needs of a youth between the DCP&P worker and a Care Coordinator (NJ Licensed Clinician) at PerformCare. This discussion is critical in determining what type of treatment will best address the youth’s needs.

PLEASE NOTE THAT DCP&P DOES NOT COMPLETE THE OOH REFERRAL REQUEST IF CARE MANAGEMENT (CMO) IS WORKING WITH THE YOUTH, OR IF THE YOUTH IS CURRENTLY IN OOH TREATMENT. IN THESE SITUATIONS, CARE MANAGEMENT OR THE OOH PROVIDER IS RESPONSIBLE FOR MAKING THE REQUEST.

The Telephonic Review takes approximately 60-90 minutes, but this can be reduced if all of the below information is gathered before the phone call. The first questions the Care Coordinator will ask are:

- Current DCP&P status – Custody, Guardianship, Involvement
- If DCP&P does not have custody or guardianship, one of the following is required:
 - A court order for OOH treatment or
 - A signed Residential Placement Agreement
- If the youth is 18 or over, a signed Release of Information (ROI) form is needed or verbal consent (over the phone) is required.
- The name of the Supervisor who approved the Out of Home referral request

The Care Coordinator will then ask for information regarding the youth’s behaviors, treatment history, etc. This information is included on the following evaluations, which are required to complete the Telephonic Review.

1. Bio-Psycho-Social or Psychological Evaluations completed within the past 12 months (if the last evaluation was completed more than 6 months ago, you can receive an Intensity of Service (IOS) determination, but you will be asked to obtain an updated report from the therapist. If no evaluations have been completed, PerformCare can set up Bio-Psycho-Social)
2. Psychiatric Evaluation (required if the youth is on medication)
3. Psychiatric Evaluation or Psychiatric Discharge document (if the youth has been hospitalized within the past 45 days)
4. Specialized Evaluations (if applicable)
 - a. Fire setting Evaluation with Risk Level
 - b. Psychosexual Evaluation with Risk Level
 - c. Substance Abuse Evaluation

After all of the information is discussed, the Care Coordinator will make a determination regarding the Intensity of Service (IOS) for Out of Home Treatment and then will post a referral to YouthLink for Out of Home providers to review for possible admission. The determination made by the Care Coordinator is based on the clinical needs of the youth and CSOC Clinical Criteria.

PerformCare sends a follow up email to you with the IOS Determination and a list of potential Out of Home treatment providers. A provider with a lower IOS may admit that youth but they must clearly define how they will support the treatment needs of the youth. If the IOS is for Specialty treatment (SPEC), a Psychiatric Community Home (PCH) or for a pregnant youth, the follow up email from PerformCare will provide instructions on how to facilitate the OOH treatment through the Special Residential Treatment Unit (SRTU).