# PerformCARE®

# **Substance Use Treatment Initial Assessment**

Please type. Assessment will not be reviewed without the completed consent form.

Provider Name:							
Assessor Name/Credentials:							
CYBER #			Youth Name:			DOB:	
County:	I			Consent Included:		🗆 Yes	🗆 No
Has CMO involvement been dis		cussed with the f	amily	/ for Level 3.5 or 3.7:	🗆 Yes	□ No	
Last grade completed?			Currently in school?		🗆 Yes	🗆 No	
Actual dat	e of admission?	(Sta	rt Date)				
What level of care are you requesting youth enter?							
🗆 Level 1	□ Level 2.1 [	∃ Lev	vel 2.5 🛛 Level 3	8.5	🗆 Level 3.7 🛛 Level 3.7W	M □ SJ	
Substance	Substance Use Diagnosis:						
Behavioral Health Diagnosis:							
Substance Use Treatment History: (Please add dates if known)							
Hospital:							
Residential:							
IOP:							
OP:							
Detox:							
Other:							

Substance Use History					
	Route of Administration and Use	Date of First Use	Date of Last Use	Frequency, Amount, Duration	
Alcohol					
Amphetamines					
Barbiturates					
Benzodiazepines					
Cannabis					
Cocaine					
Hallucinogens					
Inhalants					
K-2 (Synthetic Cannabis)					
Nicotine					
Opiates					
OTC Drugs					
Other					

## Please indicate current or past history of withdrawal for only the drug(s) youth is reporting using:

## Cannabis Withdrawal/DSM-5

Are you experiencing or have you ever experienced the following signs or symptoms from **NOT** using?

Irritability	Current      Past History	Anger	Current Past History
Aggression	Current  Past History	Nervousness	Current  Past History
Anxiety	Current D Past History	Decreased Appetite	Current Past History
Weight Loss	Current  Past History	Restlessness	Current D Past History
Depressed Mood	Current D Past History	Abdominal Pain	Current Deast History
Shakiness/Tremors	Current  Past History	Sweating	Current  Past History
Chills	Current  Past History	Fever	Current  Past History
Headache	Current  Past History		
Sleep Difficulties (Insomnia, Dreams, etc)	Current  Past History		

#### **CIWA-AR - Clinical Institute Withdrawal Assessment for Alcohol-Revised**

Are you experiencing or have you ever experienced the following signs or symptoms from **NOT** drinking?

Nausea	Current Past History	Vomiting	Current Past History
Tremors	□ Current □ Past History	Paroxysmal Sweats	Current  Past History
Anxiety	□ Current □ Past History	Tactile Disturbance	Current  Past History
Agitation	Current DPast History	Auditory Disturbance	Current  Past History
Headache/Fullness in head	Current Deast History	Visual disturbance	Current DPast History
Orientation & Clouding Of Sensorium	Current Deast History		

#### CINA - Clinical institute Narcotic Assessment Scale

Are you experiencing or have you ever experienced the following signs or symptoms from NOT using?

Pains in your Abdomen	Current      Past History	Feeling Hot or Cold	Current  Past History
Nausea	Current Past History	Vomiting	Current  Past History
Muscle Cramps	Current DPast History	Goose Flesh	Current  Past History
Nasal Congestion	Current D Past History	Restlessness	Current  Past History
Tremors	Current Deast History	Lacrimation (Tears)	Current  Past History
Sweating	Current  Past History	Yawning	Current  Past History

Please describe withdrawal signs or symptoms noted from drugs other than the 3 types discussed above: Let's remember PAWs (Post-Acute Withdrawal Syndrome). You may not initially see these symptoms for weeks, however, for example, if a youth has been in detention for a month or so, you could see PAW.

**1.** <u>Medical</u>: Serious chronic medical conditions that are negatively affected by youth's use of drugs and/or alcohol. Example: youth has asthma and continued use of marijuana can aggravate the illness, or Diabetes--- alcohol. (Annual Dental or ophthalmologist checkups, do not meet criteria for either 3.5 or 3.7 LOC). What medical problems is the youth experiencing? Please identify all medical or physical health conditions. Please explain how the use of alcohol and/or drugs adversely impacts any of these:

**2.** <u>Emotional/Behavioral/Cognitive</u>: Please describe any emotional, behavioral or cognitive issues that are adversely impacting the youth's recovery efforts: Is youth experiencing moderate or unpredictable risk of imminent harm to self or others; unstable emotional; behavioral; or cognitive problems negatively affecting recovery efforts? Be specific with the problems.

**3.** <u>Social functioning:</u> Please describe any symptoms the youth is experiencing that impair his/her social functioning and require this level of care. Please consider youth's judgment, peer group associations and decision-making skills. Is youth experiencing moderate to severe symptoms that seriously impair social functioning and cannot be managed in a less intensive level of care? Be specific. What problems is the youth experiencing?

**4.** <u>Stage of change:</u> Please describe the youth's current stage of change. Please consider the youth's own words and own explanations of his/her substance use and the link to adverse consequences. Where is youth in relation to the stages of change...does youth see substance use as a problem, or is he complying because of the possibility of negative consequences?

**5.** <u>Continued use:</u> Please describe the probability of the youth's continued use without receiving this treatment. Please consider youth's recognition of substance use related problems and other intrinsic factors. What is the probability of continued use? Can youth stop using and maintain abstinence? Would a lower level of care be sufficient to stabilize youth's condition? Has youth related the problems to substance use? Has youth accepted the need to change?

**6.** <u>**Recovery environment:**</u> Please describe the youth's environment for recovery as supportive or not supportive. Please consider such factors as friend/family/peer influence and also the quality of support. Is youth's environment drug free and supportive of recovery or is it chaotic and ineffective in supporting or sustaining recovery? Is there family or others affecting youth's recovery efforts? Is youth's home environment dangerously chaotic or abusive?

**7.** <u>Level of care:</u> Please explain why the youth requires treatment at the requested level of care. Please comment on why the youth cannot benefit from treatment at a lower intensity?

Please provide detailed clinical justification supporting youth entering the level of care you are requesting. Please submit ASAP so youth's review can be completed and approved. Thank you.