Substance use treatment for youth

The regular use of **any** substance, such as alcohol, tobacco, or other drugs, can have long-term effects on your child and their developing mind. If your child is drinking or using drugs — including smoking marijuana or "vaping" — PerformCare can help.

With a single call to 1-877-652-7624, PerformCare can help connect you and your family to publicly funded substance use treatment services through the statewide New Jersey Children's System of Care.

Available 24 hours a day, seven days a week, 1-877-652-7624.

We are available to provide youth, young adults, and their families with information and referrals best suited for their needs, without stigma or shame. Services that PerformCare can authorize include:

- Outpatient Services, such as individual and group counseling.
- Intensive Outpatient Services for in-depth treatment needs.
- A Partial Care Program for complex needs that do not require 24-hoursa-day care.
- **Out-of-Home**, co-occurring substance use treatment services for youth who could benefit from a residential-structured environment.
- **Withdrawal Management** services, providing medically monitored treatment through drug or alcohol withdrawal.

PerformCare can provide assistance, information, and referral to any youth or family that calls. There is no charge for youth who are authorized for state-funded substance use treatment services. If you are seeking services but are unsure about your eligibility, please contact us directly at **1-877-652-7624** and we will confirm your eligibility status.

In addition to substance use treatment, PerformCare also can connect families to **Behavioral Health** and **Intellectual/Developmental Disability** services. Call us to find out more.

PerformCare is available 24 hours a day, 7 days a week, 365 days a year. Contact us toll-free (parents, guardians and youth):

1-877-652-7624 or TTY: 1-866-896-6975 www.performcarenj.org



PerformCare is available to provide assistance, information, and referral to any youth or family that calls.

You can call 24 hours a day, seven days a week, 365 days a year at 1-877-652-7624.

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NJ Children's System of Care
Contracted System Administrator — PerformCare®

Perform CARE®

Discrimination is against the law

PerformCare complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. PerformCare does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

PerformCare reduces language barriers to accessing services through the New Jersey Children's System of Care by:

- Providing free aids and services to people with disabilities to communicate effectively with us, such as:
 - Written information in other formats (large print, audio, accessible electronic formats, and other formats).
 - Telecommunication devices such as Device for the Deaf (TDD) and Text Telephone (TTY) systems to enable individuals who are deaf, hard of hearing, or speech-impaired to use the phone to communicate.
- Providing language services at no cost to people whose primary language is not English, such as:
 - Qualified interpreter services.
 - Information written in other languages.

If you need these services, contact PerformCare at **1-877-652-7624** or [TTY (for the hearing impaired) **1-866-896-6975**]. We are available 24 hours a day, seven days a week.

If you believe that PerformCare has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can submit a complaint by mail or phone, by either calling PerformCare's Quality department at **1-877-652-7624** or by writing to:

PerformCare

Attn: Quality Department

300 Horizon Center Drive, Suite 306, Robbinsville, NJ 08691

If you need help filing a complaint, PerformCare's Quality department is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW, Room 509F, HHH Building Washington, DC 20201

1-800-368-1019, 1-800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Multi-language interpreter services

Attention: If you do not speak English, language assistance services are available to you at no cost. Call 1-877-652-7624 (TTY 1-866-896-6975).

Spanish: Atención: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-652-7624 (TTY 1-866-896-6975).

Portuguese: Atenção: Se fala português, encontra-se disponível serviço gratuito de intérprete pelo telefone 1-877-652-7624 (TTY 1-866-896-6975).

Arabic:

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-877-652-7624 (رقم هاتف الصم والبكم: 697-698-886-17TY).

Haitian Creole: Atansyon: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-877-652-7624 (TTY: 1-866-896-6975).

Chinese Mandarin: 注意: 如果您说中文普通话/国语,我们可为您提供免费语言援助服务。请致电: 1-877-652-7624 (TTY 1-866-896-6975)。

Korean: 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-877-652-7624 (TTY 1-866-896-6975) 번으로 전화해 주십시오.

Bengali: লক্ষ্য কর্নঃ যদি আপনি বাংলা, কথা বলতে পারেন, ভাহলে নিঃখরচায় ভাষা সহায়ভা পরিষেবা উপলব্ধ আছে। ফোন কর্ন ১1-877-652-7624 (TTY 1-866-896-6975)।

French: Attention : si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-877-652-7624 (TTY 1-866-896-6975).

Vietnamese: Chú ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-877-652-7624 (TTY 1-866-896-6975).

Hindi: ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-877-652-7624 (TTY 1-866-896-6975) पर कॉल करें।

Chinese Cantonese: 注意:如果您使用粵語,您可以免費獲得語言援助服務。請致電 1-877-652-7624 (TTY 1-866-896-6975)。

Polish: Uwaga: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-877-652-7624 (TTY 1-866-896-6975).

Urdu:

توجہ فرمائیں: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں ۔ کال کریں .(677-898-886-1: TTY: 1-867-657-18-7

Turkish: Dikkat: Türkçe konuşuyorsanız dil yardımı hizmetlerinden ücretsiz olarak yararlanabilirsiniz. 1-877-652-7624 (TTY 1-866-896-6975) numaralı telefonu arayın.

Russian: Внимание: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-877-652-7624 (ТТҮ 1-866-896-6975).